

▶ **PANEL DISCUSSION: Benefits of Being a PSYPACT Provider – Extending Your Reach & Enhancing Continuity of Care**

▶ *Presenters:*

- ▶ *Jack Bartel, PsyD*
- ▶ *Justin D'Arienzo, PsyD*
- ▶ *Laura Ellick, PhD*
- ▶ *Kevin Hyde, PsyD*
- ▶ *Rebecca Schwartzberg, PhD*
- ▶ *William Samek, PhD*
- ▶ *Teresa Taylor, PhD*

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Benefits of Being a PSYPACT Provider Panel Extending Your Reach & Enhancing Continuity of Care

FPA Convention 2025

Today's Panelists

Dr. Jack Bartel – PSYPACT provider since 2023. Specializes in affirming care for LGB+, transgender, and non-binary individuals, plus those managing chronic conditions, or seeking behavior change. Uses PSYPACT to connect underserved clients across states with evidence-based care.

Dr. Kevin Hyde – Played key role in lobbying Florida legislature for PSYPACT's passage; now uses PSYPACT to serve snowbird clients year-round.

Dr. Laura Ellick – Expertise in virtual care for eating disorders, including PHP and IOP programs. Combines structured program experience with private practice insights to address varied treatment settings.

Dr. Justin A. D'Arienzo – Licensed psychologist and PSYPACT provider with experience in forensic evaluations via telepsychology. Brings legal, ethical, and practical expertise in interjurisdictional practice.

Dr. Teresa Herrero Taylor – Licensed psychologist and PSYPACT provider since 2022. Offers care across state lines in private practice, expert witness work, and a virtual neurodivergent college support group. Ensures continuity of care for relocating or traveling clients.

Dr. Rebecca Schwartzberg – PSYPACT provider since 2023 with telehealth experience since 2020. Works as an occupational health psychologist across nearly ten states, focusing on accessible, ethical care.

Dr. William Samek – Licensed psychologist since 1979, PSYPACT provider since 2023. Specializes in narcissism, co-narcissism, and sexual acting-out. Offers psychotherapy, forensic work, and consultations via telehealth; past president of the Florida Psychological Association (2002, 2011).

About Today's Panel

Designed for psychologists interested in expanding their clinical reach through interjurisdictional telepsychology, this session focuses on real-world applications of evidence-based psychological practices delivered via telehealth under the authority of PSYPACT.

Panelists will explore key topics such as maintaining therapeutic rapport across distances, ethical and legal considerations, ensuring client safety and crisis response across state lines, and the thoughtful integration of technology into clinical work.

This session will highlight how telepsychology can preserve treatment continuity, support equitable access, and maintain high standards of care when implemented responsibly. Sociocultural considerations will be embedded throughout the discussion to emphasize responsive and inclusive care across diverse client populations.

Learning Objectives

1. Participants will be able to identify key benefits and challenges of telepsychology in expanding access to care
2. Participants will be able to identify how multicultural, sociocultural, and other factors influence the effectiveness of telepsychology and outline strategies for integrating these factors into practice.
3. Participants will analyze ethical considerations and safety protocols in telepsychology, focusing on how to maintain high standards of care across state lines while ensuring client confidentiality and engagement.

Ground Rules Of Today's Panel

1. **Respect All Voices** – Listen actively, and let others finish before responding.
2. **Stay On Topic** – Keep contributions connected to the discussion.
Use Inclusive Language – Avoid assumptions; speak in ways that welcome everyone.
3. **Time Awareness** – Be concise so all panelists have time to share.
4. **Curiosity Over Judgment** – Ask questions to understand, not to debate.

We all come from different starting points. Assume positive intent, and approach differences as opportunities to learn.



Overview

[Search »](#)[About » Overview](#)

The [Psychology Interjurisdictional Compact \(PSYPACT®\)](#) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries.

The [PSYPACT Commission](#) is the governing body of PSYPACT responsible for creating and finalizing the Bylaws and Rules and Regulations. The Commission is also responsible for granting psychologists the authority to practice telepsychology and temporary in-person, face-to-face practice of psychology across state boundaries.

[Telepsychology](#) In order to practice telepsychology in PSYPACT states, psychologists licensed in PSYPACT states only can apply to the PSYPACT Commission for an Authority to Practice Interjurisdictional Telepsychology (APIT™). One required component of this authority granted from the PSYPACT Commission is that psychologists must obtain an E.Passport Certificate from ASPPB. To learn more or to start an application, click [HERE](#).

[Temporary Practice](#) In order to conduct temporary practice in PSYPACT states, psychologists licensed in PSYPACT states only can apply to the PSYPACT Commission for a Temporary Authorization to Practice (TAP™). One required component of this authorization granted from the PSYPACT Commission is that psychologists must apply for and obtain an Interjurisdictional Practice Certificate (IPC) from ASPPB. To learn more or to start an application, click [HERE](#).

Providers are responsible for maintaining knowledge of and complying with each PSYPACT State's laws, rules, and regulations - for each PSYPACT state the provider is practicing into or out of.

UNDERSTANDING HOW PSYPACT WORKS

1 STATES ENACT PSYPACT

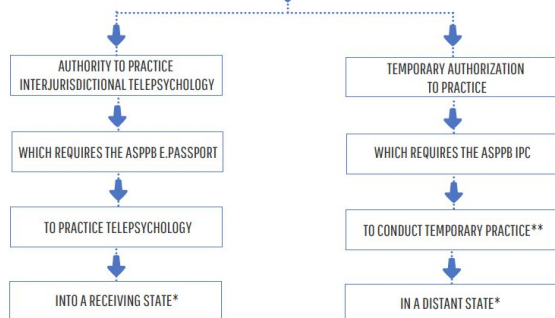
PSYPACT legislation is enacted by a state legislature. Upon enactment, the state officially joins PSYPACT.

2 STATES JOIN THE PSYPACT COMMISSION

Each state appoints a representative to serve as that state's Commissioner. The PSYPACT Commission is the governing body of PSYPACT and is responsible for writing the Bylaws and Rules of PSYPACT.

3 PSYCHOLOGISTS PRACTICE UNDER PSYPACT

Psychologists licensed in their Home State* can obtain authorization to practice under PSYPACT from the PSYPACT Commission:



* Indicates must be a Compact State that has enacted PSYPACT legislation

** Indicates temporary practice must be in-person, face-to-face

www.psypact.org



Advancing the Interjurisdictional Practice of Psychology

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact that facilitates the practice of psychology using telecommunications technologies (telepsychology) and/or temporary in-person, face-to-face psychological practice.

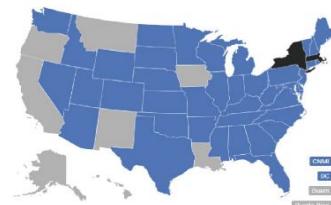
About PSYPACT

PSYPACT is a cooperative agreement enacted into law by participating states

Addresses increased demand to provide/receive psychological services via electronic means (telepsychology)

Authorizes both telepsychology and temporary in-person, face-to-face practice of psychology across state lines in PSYPACT states

PSYPACT states have the ability to regulate telepsychology and temporary in-person, face-to-face practice



How PSYPACT Works

PSYPACT must be enacted by a state legislature



Psychologists who wish to practice under PSYPACT obtain:

Authorization to Practice Interjurisdictional Telepsychology (APIT) for telepsychology

Temporary Authorization to Practice (TAP) for temporary in-person, face-to-face practice



PSYPACT states communicate and exchange information including verification of licensure and disciplinary sanctions

Benefits of PSYPACT

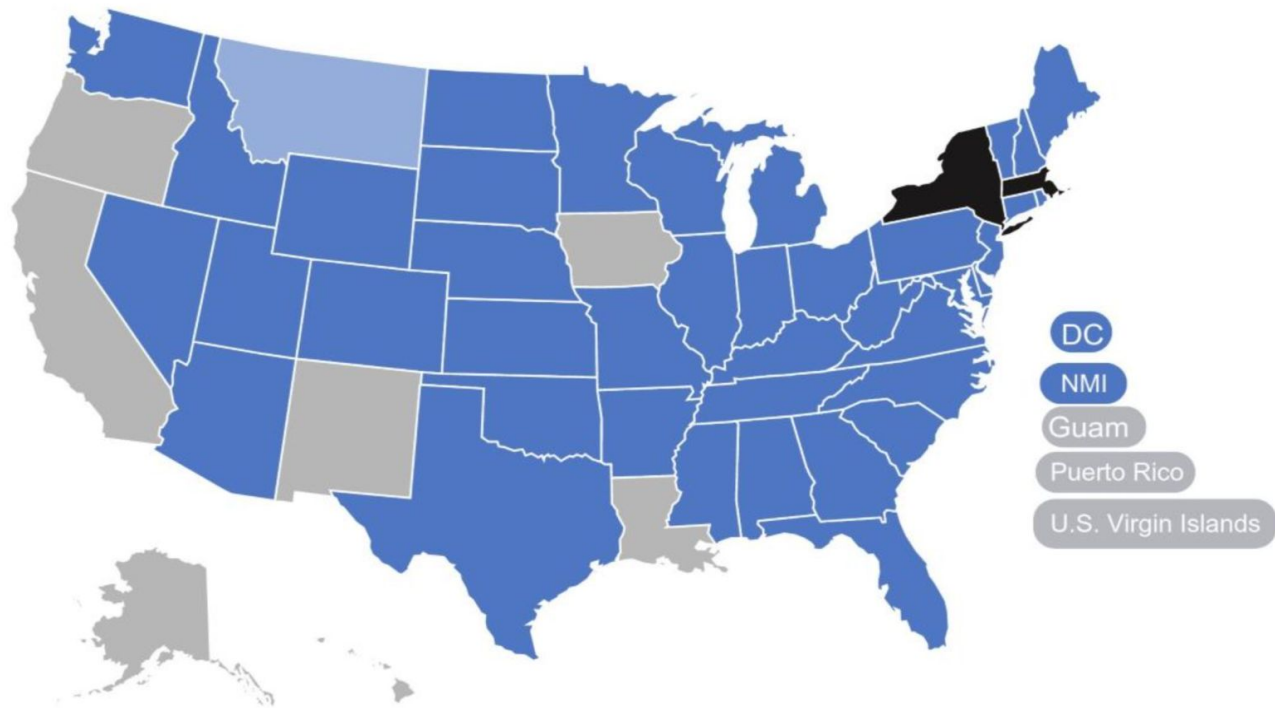
- Increases client/patient access to care
- Facilitates continuity of care when client/patient relocates, travels, etc.
- Certifies that psychologists have met acceptable standards of practice
- Promotes cooperation between PSYPACT states in the areas of licensure and regulation
- Offers a higher degree of consumer protection across state lines

How PSYPACT Impacts Psychologists

- Allows licensed psychologists to practice telepsychology and/or conduct temporary in-person, face-to-face practice across state lines without having to become licensed in additional PSYPACT states
- Permits psychologists to provide services to populations currently underserved or geographically isolated
- Standardizes time allowances for temporary practice regulations in PSYPACT states

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Map Key

- | | | | |
|---|--|---|---|
|  | PSYPACT Participating State |  | PSYPACT Legislation introduced |
|  | Enacted PSYPACT Legislation - practice under PSYPACT not permitted |  | Non- PSYPACT State/ no active Legislation |

PSYPACT AND DISCIPLINE:

Understanding the Role Each State Plays

One of the main purposes of PSYPACT is provide states with a regulatory mechanism designed to address disciplinary issues that occur across state lines in other compact states. PSYPACT specifies the role each state plays concerning disciplinary issues related to the practice of telepsychology and temporary in-person, face-to-face practice across state lines in PSYPACT states.

TELEPSYCHOLOGY

PSYPACT requires that a psychologist obtain an **AUTHORITY TO PRACTICE INTERJURISDICTIONAL TELEPSYCHOLOGY (APIT)**. Psychologists can then practice telepsychology into a:

RECEIVING STATE

- ✓ As a requirement of the APIT, a psychologist must obtain an E.Passport Certificate to practice telepsychology into a **RECEIVING STATE**.
- ✓ A psychologist is subject to the **RECEIVING STATE'S** scope of practice.
- ✓ A **RECEIVING STATE** can limit or revoke a psychologist's Authority to Practice Interjurisdictional Telepsychology.
- ✓ If a **RECEIVING STATE** takes action, it will notify the **HOME STATE** and the PSYPACT Commission.
- ✓ A **HOME STATE** will investigate and take appropriate action on reported inappropriate conduct in a **RECEIVING STATE** as it would if such conduct had occurred within the **HOME STATE**.
- ✓ A **HOME STATE'S** law will control in determining any adverse action against a psychologist's license.

If a psychologist's license in any **HOME STATE**, another **COMPACT STATE**, or Authority to Practice Interjurisdictional Telepsychology in any **RECEIVING STATE**, is restricted, suspended or otherwise limited, the E.Passport will also be revoked, and the psychologist will not be eligible to practice telepsychology in a **COMPACT STATE** under the Authority to Practice Interjurisdictional Telepsychology.

AND

HOME STATE

A psychologist must hold a current, full and unrestricted license to practice psychology in a **HOME STATE**, which has enacted PSYPACT.

A **HOME STATE** maintains authority over the license of any psychologist practicing under the authority of PSYPACT.

A **HOME STATE** can impose adverse action against a psychologist's license issued by the **HOME STATE**.

All **HOME STATE** disciplinary orders which impose adverse action are reported to the PSYPACT Commission.

TEMPORARY PRACTICE

PSYPACT requires that a psychologist obtain a **TEMPORARY AUTHORIZATION TO PRACTICE (TAP)**. Psychologists can then practice temporarily into a:

DISTANT STATE

- ✓ As a requirement of TAP, a psychologist must obtain an Interjurisdictional Practice Certificate (IPC) to conduct temporary practice in a **DISTANT STATE**.
- ✓ A psychologist must practice within the scope of practice of the **DISTANT STATE** and is subject to the **DISTANT STATE'S** authority and law.
- ✓ A **DISTANT STATE** can limit, revoke or take adverse action on a psychologist's Temporary Authorization to Practice.
- ✓ If a **DISTANT STATE** takes action, it will notify the **HOME STATE** and the PSYPACT Commission.
- ✓ A **DISTANT STATE** will investigate and take appropriate action on reported inappropriate conduct which occurred in that **DISTANT STATE** as it would if such conduct had occurred within the **HOME STATE**.
- ✓ A **DISTANT STATE'S** law will control in determining any adverse action against a psychologist's Temporary Authorization to Practice.

If a psychologist's license in any **HOME STATE**, another **COMPACT STATE**, or Temporary Authorization to Practice in any **DISTANT STATE**, is restricted, suspended or otherwise limited, the IPC will also be revoked, and the psychologist will not be eligible to practice in a **COMPACT STATE** under the Temporary Authorization to Practice.



Who should I contact?



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[Sponsorship Request Form.](#)**

THERE ARE TWO WAYS TO

PRACTICE UNDER PSYPACT®

HERE IS WHAT YOU NEED TO KNOW ABOUT THE APIT® AND TAP®:



To Practice **TELEPSYCHOLOGY**



PSYPACT Commission Requirements

- In order to practice telepsychology under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtain an Authority to Practice Interjurisdictional Telepsychology (APIT).



Authority to Practice Telepsychology Requirements

- Hold an E. Passport issued by ASPPB. More information including eligibility requirements, and how to apply can be found at <https://www.asppb.net/page/telepsychology>
- You must hold a full, unrestricted license to practice psychology based off a doctoral level degree in at least ONE PSYPACT participating state/jurisdiction.
- Have no history of disciplinary action listed on any psychology license.
- Provide attestations



Fees

ASPPB Fees:

- E. Passport Application Fee: \$400
- E. Passport Annual Renewal Fee: \$100

PSYPACT Fees:

- APIT Application Fee: \$40
- APIT Annual Renewal Fee \$20



Time Limit

- Unlimited



Scope of Practice

- Subject to the Receiving State's scope of practice



Initiation and Provision of Psychological Services

When using the APIT to provide telepsychology services into a Receiving State, the psychologist must physically be located in the psychologist's PSYPACT declared "home state".



To Conduct **TEMPORARY PRACTICE**

TAP only pertains to in person, face-to-face practice.



PSYPACT Commission Requirements

- In order to conduct temporary practice under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtain a Temporary Authorization to Practice (TAP).



Temporary Authorization to Practice Requirements

- Hold an Interjurisdictional Practice Certificate (IPC) issued by ASPPB. For information regarding obtaining an IPC please visit <https://www.asppb.net/page/temporarypractice>
- You must hold a full, unrestricted license to practice psychology based off a doctoral level degree in at least ONE PSYPACT participating state/jurisdiction.
- Have no history of disciplinary action listed on any psychology license.
- Provide attestations



Fees

ASPPB Fees:

- IPC Application Fee: \$200
- IPC Annual Renewal Fee: \$50

PSYPACT Fees:

- TAP Application Fee: \$40
- TAP Annual Renewal Fee \$20



Time Limit

- 30 days per calendar year per PSYPACT state



Scope of Practice

- Subject to the Distant State's scope of practice



Authority and Law

When using the TAP to provide services into a Distant State the psychologist will be subject to the Distant State's authority and law.

What Does it Cost?

About » What Does it Cost?

ASPPB	PSYPACT
E. Passport Application \$400	APIT Application \$40
E. Passport Annual Renewal \$100*	APIT Annual Renewal \$20*
IPC Application \$200	TAP Application \$40
IPC Annual Renewal \$50*	TAP Annual Renewal \$20*

* If completed after renewal date \$25 late fee is due for each application

Frequently Asked Questions



Application FAQ



Practice FAQ



Renewal FAQ

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Evaluation Forms

You can fill out the evaluation form using the app.
Look for the evaluation form link at the bottom of
each session. (preferred)

OR

You can fill out the evaluation sheet by hand and
give it to a staff member or the moderator of the
session.

You need to fill this form out to receive full credit for
the session.

Thank you!