

Calendar of Events

February 24, 2006	BCPA BOARD MEETING: at 9:30 AM in the Maltz Psychology Building, NSU
March or early April	Continuing Education program on Psychopharmacology in late (awaiting specific date and location)
April 21, 2006	BCPA BOARD MEETING: at 10:30 AM in the Maltz Psychology Building, NSU
May 24, 2006	Breakfast Meeting "Meet & Greet" (Time & Location TBA)
June 23, 2006	BCPA BOARD MEETING: at 9:30 AM in the Maltz Psychology Building, NSU
ADVERTISING RATES:	Classified advertising rates are the following: Business card size: \$35.00 Quarter page: \$65.00 Half Page: \$100.00 Full Page: \$175.00 Custom layout available for an additional charge

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BROWARD PSYCHOLOGIST



A Chapter of the Florida Psychological Association

Stephanie Silberman, Ph.D.



HAPPY NEW YEAR!

As the new president of the Broward County Psychological Association (BCPA), I would like to take this opportunity to introduce myself and outline my hopes and vision for 2006. My name is Stephanie Silberman and I grew up in the Midwest. I went to the University of Michigan for my undergraduate education and Fairleigh Dickinson University for my Ph.D. in Clinical Psychology. While in graduate school, I did much of my training at hospitals in New York City and specialized in Sleep Disorders Medicine. Shortly afterwards, I became Board Certified in Sleep Disorders from the American Board of Sleep Medicine. After one too many winters in the cold Northeast, my husband and I moved to Southeast Florida. I became involved with BCPA shortly after moving here. In addition to treating persons with sleep disorders such as insomnia, sleep apnea, narcolepsy, restless legs syndrome, etc., I also specialize in working with patients who have anxiety and depressive disorders and those who are Spanish-speaking. It is an honor for me to serve as BCPA president, and I am very excited about the upcoming year. We have a dedicated and hard-working Board and invite all BCPA members to become involved with our local professional chapter by joining us at the various events we have planned. These include Continuing Education workshops, networking and socializing events. My presidential goals for 2006 include:

- Political advocacy for issues important to psychology.
 - Improve stature of psychologists with local physicians, hospitals, and managed care companies.
 - Increase community awareness regarding the importance of psychologists and our role in mental health.
 - Improve visibility and effectiveness of BCPA with local health-related organizations.
- I look forward to meeting many of you this year and to working together on issues that are important to psychologists, particularly those affecting us here in Broward County.

Jennifer Mendoza, Ph.D.



WHAT A YEAR THIS HAS BEEN! We managed to get a few things done and include having some fun, too. The Membership Meetings at the HARD ROCK CAFE, jointly with Palm Beach at THE CENTER FOR GROUP COUNSELING for a legislative update, and at GATSBY'S for a PAC fund raiser gave a chance for new and old members to reconnect.

In March, the CPE Workshop presented by Dr. Michael Walczak, forensic neuropsychologist, entitled Ninety Things You Didn't Know About Neuropsychology, shed some light on the application of neuropsychological test data. In September, the second annual Joint CPE/CEU Workshop with the School Board of Broward County provided a forum for area psychologists to get information and discuss issues directly with Broward School Officials on the subjects of evaluation, placement and discipline. The popularity and utility of this workshop will likely guarantee a third annual event.

BCPA now has a coordinated program with our local AMERICAN RED CROSS to provide pro bono disaster aftermath counseling. Many of our members are on the list for one or more hours per week to allow displaced as well as local victims to be seen for intervention counseling in their office. This will be an ongoing responsibility of the president-elect.

The BCPA Website has been merged with the FPA FLAPSYCH.com site to provide ongoing updated information and newsletter publication. Thanks to Dr. Priscilla Marotta and her associates for taking on the newsletter.

Thank you for the opportunity to serve and please join us for an eventful 2006!

2006 BCPA Executive Board Members

President	Stephanie Silberman, Ph.D. 954-873-6683 silbermanphd@yahoo.com
President-Elect	Matthew Simon, Psy.D. 954-583-8831 ext. 360 MC1912@netzero.com
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Ethics	Mitch Spero, Psy.D. 954-587-7520 DrSpero@aol.com
Council Rep	Maureen Kenny, Ph.D. Laura Cohen, Ph.D. 305-348-2552 954-921-5982 kennym@fu.edu PhDPsy95@aol.com
Membership	Accepting Applications

Mathew Simon, Psy.D.



I am honored to have been selected by my colleagues as the President Elect for BCPA. My enthusiasm for the upcoming year brings with it a sense of purpose and direction. For those that do not know me I am a product of the Florida school systems and have been working in clinical practice in one form or another for over ten years. I am passionate about psychology and have remained steadfast to my commitment to personal and professional growth. Being on the board and serving in this newly appointed role has opened yet another chapter in my evolving perspectives. I am also delighted that this opportunity has brought me to such close proximity to an organization whose passion and visions for psychology are so close to my own.

It is my intent as President Elect to bring my personal convictions about the direction psychology is going to the fore front of my agenda. In the last year I have been actively pursuing my post doctorate training in psychopharmacology. I am of the belief that regardless of our states decision on whether or not psychology ultimately is granted prescription privileges it is a great knowledge base to possess and has enhanced my clinical knowledge. I plan on making this issue an active part of my board tenure and want to pursue creating formal language from BCPA and FPA that one day may lead to opening up this arena in our state.

I am also pleased to announce that BCPA is once again going to open up the door to the Pro Bono Foster Care Program for Broward County. This program will fall under my direct coordination. In the past psychologists would volunteer their services for no charge and offer either a Psychological Assessment or Individual therapy services to a child in the foster care system. In 1992 Dr. Mitch Spero, president elect at that time and current ethics chair, ran this program working closely with Judge Arthur Birken. It is my intent to build on my esteemed colleagues work and ask that the bell be rang calling for any and all BCPA psychologists who wish to give of themselves to those who are in need of our services.

Lastly, I will be spearheading the Early Career Psychologist award to be given in 2006. This award is for distinct recognition of a psychologist in the beginning stages of their career whose contributions to the field of psychology is unique and elevates our field to a higher standard. It plans to be an exciting year with much work to be done. I am confident that such agenda items will be met with support, purpose, and most importantly a shared passion for growth it all its forms.

ANNOUNCING BCPA BOARD OPENINGS

The privilege of serving on the Broward County Phsycolgical Board allows psychologists to increase their professional credibility and network with outstanding colleagues. After years of service, veteran board members have left the board, creating a unique opportunity for Broward Psychologists.

Two board positions have opened. These are opportunities that do not present themselves very often. Please consider seriously leveraging your career in volunteering for one of the positions. Please contact Stephanie Silberman, President at 954-873-6683 or e-mail silbermanphd@yahoo.com.

MEMBERSHIP CHAIR: This position plans one to two social events a year creating networking opportunities for present members and encouraging the involvement of psychologists to become new members. This is a fun filled position with the opportunity to meet many new colleagues.

CONTINUING EDUCATION CHAIR: This is a crucial position that designs the programs for the year. This position offers you the opportunity to network with community resources and design needed clinical programs. This position also offers significant interaction with the FPA and APA. *Call now and join the BCPA Board!*



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